

Rev.1

Natural Solutions Presents:

The GOLD eBook:

Everyman's For Financial Health
In These Perilous Times



Presented by the Trustees of the Natural Solutions Foundation

Maj. Gen. Albert N. Stubblebine III (US Army, Ret.) President Rima E. Laibow, MD Medical Director Ralph Fucetola, JD

Like us at FB: //NaturalSolutionsFoundation, follow us @SaveMeDrRima, @DrLaibow @NaSolFoundation @HealthFreedomUS. Share this information as widely as you can.

Learn About Karatbars System Here: www.NaturalSolutionsGold.com
Get Gold Here: www.GiveGold4Good.com

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HOW TO ORDER: FIVE-STEP GRAPHIC ON PAGE 17





KARATBARS

- > GRAMS OF GOLD BUILDING FOR AN UNCERTAIN FINANCIAL FUTURE
 - > THE PERFECT COMPANY AND PERSONAL GIFT
 - SHARE THE WEALTH HELPING OTHERS TO PREPARE

NOTE: Orders MUST Be Placed By December 10th to Assure Holiday Delivery!

Buy Gram Karatbars here: www.GiveGold4Good.com

Special Give Gold for Good Webinar Presentation

Dr. Rima Offers Special Holiday Ideas to Increase Economic

Health, Elegantly and Memorably

http://youtu.be/XO3QTBEY36c



Dr. Rima's Edit

Special *Micro Gold for Maxi Health* Purchase Site:

Buy Gram Karatbars here: www.GiveGold4Good.com

Imagine being immune to the coming fiat currency collapse because you don't have to stress over what comes next financially. Here's Dr. Rima's Financial Rx for your financial health: take small amounts



of 99.9% pure assayed, certified gold as often as you choose and help make those you care about immune in the same way.

The secret? Beautifully packaged Micro Gold in 1, 2.5 and 5 gram bars. Affordable, reliable, physical gold available in time for corporate, friend and family gifts that no one will ever forget and everyone will treasure.

One size really does fit all! Learn more by watching this webinar. Direct Gold purchases are easy at http://TinyURL.com/GiveGold.

To learn more about how you can protect yourself and your loved ones even more deeply, visit www.NaturalSolutionsGold.com.

Oh, by the way, Health is more than absence of illness. Stress kills and a collapsing economy is a great way to generate stress. Dr. Rima, Medical Director of the Natural Solutions Foundation has a stress reducer that helps to protect against financial stress by insulating you and your gift recipients with the ancient solution to collapsing currencies – gold.

Until now, that's been the hedge and hope for the wealthy.

KARATBARS offers you the Natural Solution -- purchasing Micro-Gold (1, 2.5 and 5 gram) gold bars sealed in certification presentment cards.

KARATBARS is another innovative Natural Solution from Dr. Rima and the Natural Solutions Foundation, www.DrRimaTruthReports.com brought to you by the Trustees of the Natural Solutions Foundation.

PS: Worried about Ebola? Get your Nano Silver 10 PPM and other Nano Silver products here: http://Donate.DrRimaTruth.com.

DR. RIMA RECOMMENDS™ KARATBARS

https://www.youtube.com/watch?v=Fz85cLNHgoo



Key Links

KARATBARS OPPORTUNITY www.NaturalSolutionsGold.com





http://www.karatbars.com/shop/?s=nat uralsolution

Or: www.GiveGold4Good.com

Pure Gold KARATBARS are available in 1, 2.5 and 5 Grams assayed,

Certified, signed and verified LMBA Gold Bullion

KARATBARS are presented in a beautiful presentation card

KARATBARS give the gift of enduring value while showing how much you value your associate, friend or relative



Is Gold Your Friend or Your Enemy? Dr. Rima's Personal Reflections on Gold from

Rima E. Laibow, MD

For a very long time I resisted the idea of protection against fiat currency manipulation through the acquisition of gold.

Gold, I said, has no intrinsic value. And that is true.

Gold, I said, is useless in a crisis since you cannot eat, wear or plant it. And that is true.

Gold, I said, is manipulated to the benefit of the gold-holders, not to the benefit of the little





guy. And that is true.

And then one day I had a realization which changed my attitude completely:

Gold is valuable because it is perceived as valuable, not for its real intrinsic industrial value, but simply because it is highly prized.

You cannot eat it, wear it, plant it, warm or cool yourself with it. It's only real value is as a durable and desirable, widely agreed-upon medium of exchange.

Looking at human history across cultures and time, it appears that gold always has been, and likely will be seen this way, so it will pretty much always be the prime medium of exchange when emotions rule the times, which pretty much defines a crisis.

Gold is therefore more useful than any other medium of exchange precisely because of its limitations. You cannot eat clothing. You cannot wear food but you can turn gold into anything at all that you desire and someone else has in time or crisis. And we are talking about a gathering time of crisis right now.

And, finally, gold is absolutely manipulated for the benefit of the most powerful economic forces on the planet (not good guys, but powerful ones, to be sure). That means that they manipulate the price of gold solely to benefit those who own gold.

Shouldn't that be us? Aren't we heading into a time of crisis? Don't we need to protect ourselves?

I believe the answer to all three of these questions is a resounding, and frightening, "YES!"

If you are like me, you do not have tons and tons of money (fiat or not) to invest in gold.

Most people think of purchasing gold by the ounce. That's 28.9 grams of gold. When an ounce of gold costs about \$1200, that's somewhere around \$40 per gram.

As it happens, right now the price of gold is quite depressed, so it makes a great purchase at the moment.

Again, if you are like me, you are not really clear about how to get physical gold, who you can trust, how to be sure it IS gold and so on.

That's where my friend and fellow truth-teller Gray Franchi helped both of us out.

He persuaded me to take a look at a system that helps regular people like you and me to buy and sell the highest quality gold safely, simply and swiftly.

I am feeling more secure for myself and my loved ones now that I know how to make gold



purchases that I can afford – and access – as real gold.

Counsel Ralph and General Bert are as enthusiastic as I am so the Natural Solutions Foundation has set up a site to make the system clear and simple.

I would like to personally invite you to take a few moments to visit: www.NaturalSolutionsGold.com

There you can get some important information and find out whether buying gold by the gram, which works for us, will work for you. I would imagine that it will! That page provides a no obligation form to indicate your interest, and then one of Gary's associates, perhaps Chad or Brian, will contact you. They are the experts and will show you how it's done.

With the Holidays upon us, it occurred to me that there was yet another advantage to the KARATBARS system. Everyone I know wants to give the people they care about a memorable and meaningful gift that will show their connection and appreciation of the person receiving the gift and enhance their well-being. At the same time, it needs to be in good taste and suit the person receiving it emotionally and otherwise.

And, of course, it can't break the bank.

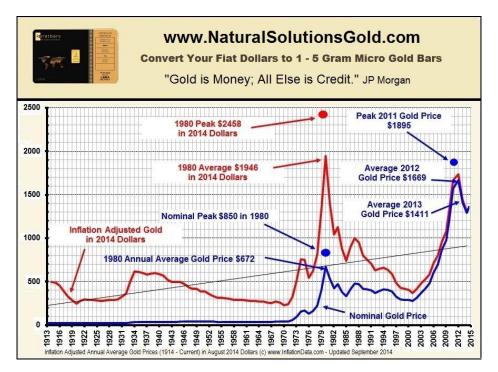
As I was bemoaning the difficulties of finding the perfect personal and professional holiday gifts it suddenly came to me: How better to tell your associates, friends and loved ones that you value them than to give them KARATBARS?

You can do that by setting up your own gold-buying program going at www.NaturalSolutionsGold.com or by simply making a direct purchase of KARATBARS in 1, 2.5 or 5 gram sizes at www.GiveGold4Good.com

It's up to you! And when you make your KARATBARS purchase or set up your own no-pressure, no minimum KARATBARS gold-buying program, you'll be supporting the Natural Solutions Foundation since we are the beneficiaries of a commission structure that rewards people for their involvement.

When you create your own gold-buying program, you'll be the recipient of the prudent gold buying of the people you reach out to. But whether you make a direct purchase without a gold-buying system or decide to become part of the gold wave, you are benefiting yourself, your recipients and health freedom while you are supporting your financial freedom or that of your fortunate friends!





Micro Gold and Nano Silver: For Health

Maj. Gen. Albert N. Stubblebine III (US Army, Ret.)
Rima E. Laibow, MD
Ralph Fucetola, JD

Micro Finance can help save the world from economic destruction. What will help save your financial world from economic destruction? Could it be the

correct for you and your loved ones is Micro Gold just as the correct for you and your loved ones facing any infectious disease is Nano Silver 10 PPM?

The Trustees of the Natural Solutions Foundation are deeply impressed by micro gold as a natural solution to the financial destruction being heaped on us.

The principle is almost homeopathic: tiny portions of something can build a response that can deal with the problem safely, easily, elegantly.

The 'something' here is gold. Tiny amounts of gold.

Assume Gold is selling at \$1,200.00 US per ounce. There are about 30 grams in an ounce so a gram of gold is worth, at the per ounce "spot price" about \$42.00. Because the unit of gold is generally an ounce, you cannot buy 1, 2.5 and 5 gram bars at the "spot" price since the small units have a market premium and sell on





eBay at about \$60.00 (when gold is at \$1,200.) It's like buying a gallon of milk. Buying it as 8 pints will cost a lot more than buying it as a gallon.

Looking around at the people I know (and looking at my own situation), it is clear that a lot of folks can find \$60.00 to spare on a gold purchase a lot more easily than \$1,200 in today's economy!

It's a pretty nice (and affordable) way to start someone off on a path toward financial security with a really elegant gift that's truly "One Size Fits All!" since it's great for men and women, never goes out of style and makes a great graduation, marriage, birthday or holiday gift!

Buy Gram Karatbars here: www.GiveGold4Good.com

This year we'll be giving our most valued associates and employees a golden bonus now that we know about **KARATBARS**! What we are doing, of course, is really very simple: we are using the purchase of micro gold to convert increasingly degraded fiat currencies into gold.

With our **KARATBARS** affiliate system, you set the pace, the timing and the amount of the gold you purchase. There are no minimum purchase or monthly auto ship requirements and no one tells you when, or what, to buy, sell or convert. It's entirely up to you, the way every part of your health should be, including your financial health.

That means that **KARATBARS** gives you the opportunity to buy gold at your financial comfort level.

Once you own the gold, what do you do with it? **KARATBARS** puts the choice in your hands, where it belongs.

You can either order your physical, certified gold to be delivered to you via safe courier (insured, of course), you can "bank" it offshore in your name, available to you at your command or you can access its value through a safe and efficient withdrawal mechanism. Since you can switch back and forth between options whenever you like, it's a mix and match set of options. After all, it's your gold and





you should have the opportunity to do with it exactly as you like, just as it's your body and that's yours to do with as you see fit, too!

As we mentioned above, the **KARATBARS** system is structured so that you can benefit from it privately (you buy gold

without sharing the opportunity with anyone else) or by sharing the opportunity with others. Once they see the opportunity as clearly as you do, they start buying gold and you benefit.

It is simple, clean, legal, effective and a hedge against money manipulation. Each **KARATBARS** mini-bar comes in a coded smart-card-size presentation sleeve protecting and certifying is at LMBA certified, assayed 99.9% pure gold.

Can we guarantee that the price of gold is not manipulated? Of course not. We know perfectly well that it is manipulated. But we can tell you that since it is manipulated for the benefit of the manipulators, what they make happen to their gold will ultimately be good for us because it will happen to our gold, too. This gold manipulation is not good at all for the people who still hold their assets in fiat currency. The gold manipulation is not to protect them. Quite the contrary! It is to protect the owners of gold. We believe that is a prudent club to join.

It's a club where you, not the Membership Committee, set the fees to join and keep up your membership!

As we mentioned above, Natural Solutions Foundation learned about the KARATBARS option through our good friend Gary Franchi (of Restore the Republic fame). He said to Dr. Rima after one of my appearances on his widely viewed show, "Look, Dr. Rima, I really care about what happens to you guys and the work that you are doing. You MUST get started on this program so that you can build the financial independence that you need to continue your work, no matter what the big boys try to pull."

Dr. Rima says, "Now I greatly respect Gary so I gave him, begrudgingly, I must admit, the time to explain the system to me in detail. Council Ralph and Gen. Bert joined us for the discussion and we were impressed. Very impressed.



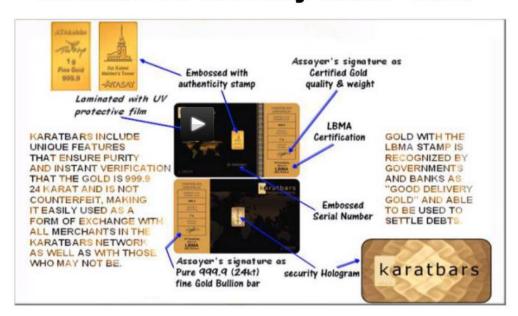
We decided to enroll the Foundation as a participant and enroll ourselves as well directly under the Foundation. What that means is that while we prosper, the Foundation prospers from our prosperity. And you are part of that. Not only that, you can have exactly the same structure for yourself by visiting www.NaturalSolutionsGold.com. **No strings attached.**"

This excellent asset-enhancing structures transfers directly to you when you join our affiliate system.

Perhaps right now you are thinking that it would be great if you had tons of money to toss around but this has to be way, way too rich for your blood. Well, you'd be wrong. There are entry level positions built into KARATBARS that make it easier than you can imagine to get started.

The faster you get started, of course, the better your position in the coming collapse(s) will be. That's for sure.

No Better Product! 999.9% 24K Currency Grade "Gold"



Remember, as you deliberate, how important it is to be saving value and wealth in a durable non-fiat currency system. And remember that the Natural Solutions Foundation, the most active Health Freedom organization in the world, will receive the equivalent of a donation from you as an affiliate without an extra penny coming out of your pocket support health freedom!



Of course, the beauty of KARATBARS is you will be accruing gold – real, certified gold, not "paper gold" to save, spend or give.

How much better could that be?

The entry level, as we mentioned goes from minimal to more. You chose where you want to enter and then you move in the system as you choose. No monthly minimums. Find out more at www.NaturalSolutionsGold.com

And don't forget to lay in your supply of what is becoming quite scarce: Nano Silver 10 PPM.

We will have a lag coming up during which your orders will be placed in a queue. Get your silver before that by going to http://Donate.DrRimaTruthReports.com

Oh, yes, one more thing: the "Donate" in that website is there for a reason: The Warning Letter FDA/FTC sent us is really, really annoying and so was taking the time to deal with it carefully (which we did).¹ But is it also a fantastic opportunity for our side to end the gag rule which the FDA and a seriously unconstitutional law have forced on us. When we prevail in Court (we are sure this case will go to the Supreme Court) we will have cleared the path for suppressed cures and truthful nutritional information to be spoken out loud. This is a vitally important battle for health freedom which the FDA's odious Warning Letter has given us. Clearly, we MUST end the FDA's dangerous and unconstitutional tyranny over free and truthful speech once and for all. How many people die needlessly because FDA suppresses "cures" and gags us from speaking truth about nutrition and health? Your donations will help fill the War Chest for this battle. It's a big one and it touches us all.

FDA Suppression of Truth and Free Speech Must End. This Lawsuit Could Be The Way It Ends!

Take these steps:

Go to http://TinyURL.com/DontStopNanoSilver and enter your comments on our Citizens Petition to the FDA to compel them to lift the ban on speech about Nano Silver and

Our Mission: to Discover, Develop, Demonstrate, Document and Disseminate Natural Solutions ...

¹ Both the original FDA/FTC Warning Letter and our detailed and exhaustive response is posted here: http://drrimatruthreports.com/ebola-natural-solutions-citizens-petition-fda-tyranny-over-free-speech-ends-here/



2. While you are at http://Donate.DrRimaTruth.com to make your purchase of Nano Silver 10 PPM, our NEW Nano Silver lozenges, Nano Silver wipes [and CBD Hemp Oil products, which FDA doesn't like either] take a moment to set up a recurring donation! Since we can no longer accept credit cards because of massive bankster theft, send a check made out to Natural Solutions to the following address:

Natural Solutions 58 Plotts Road Newton NJ 07860

973-241-4386.

And then mark your calendar to send your recurring donation next month and the next and so on. This is going to be a lengthy battle, but worth it! We're counting on you.

- 3. Spread the word. Spread the word. Like us at FB/NaturalSolutionsFoundation. Follow us @SaveMeDrRima, @DrLaibow, @HealthFreedomUS and @NaSolFoundation. Email our information and share us everywhere.
- 4. Go to www.DrRimaTruthReports.com and enter your email info in the form on the right hand side of the page. You'll receive a Thank You letter with an access link to my Protocol for the use of Nano Silver. Remember: Ebola is very real, despite the disinformation. Spread the word about Nano Silver 10 PPM, http://Donate.DrRimaTruth.com before they shut us down. Again.

Straight Talk About KARATBARS https://www.youtube.com/watch?v=sl4 A4Wak9U





KARATBARS – AN INTRODUCTION

Dr. Rima's Prescription for Economic Health



When our friend, and sometimes guest on the Dr Rima Truth Reports² internet radio program, Gary Franchi, presented the **KARATBARS** ™ idea to me I thought he was talking about some health food bar! Well, I have been a bit preoccupied with Nano Silver of late)

Then we brought General Bert and Counsel Ralph into the private discussion. They quickly understood that we were talking about real physical "micro gold" not Nano Silver! Now we want to share this information with our private expressive association associates – you!

What is KARATBARS? It's an affiliate program built around a significant German gold company. The company specializes in tiny (1, 2.5 and 5 Gram) but beautifully minted gold bars, encased in protective plastic with authenticity encoding.

In essence, **KARATBARS** offers a way for you to convert your fiat "dollars" and "pounds" and "yen" and "dinars" or whatever into a real value. And this might be good for your *financial* health!

As in any affiliate program, you can be rewarded for bringing the "micro gold" products to the attention of potential customers. All of that is discussed here: www.NaturalSolutionsGold.com.

Who wants to own gold? "Who doesn't want to hold gold?" might be a better question! While few of us can afford to hoard ounces of the precious metal, many can afford to buy it by the gram (28 grams to the ounce). There is always a

Our Mission: to Discover, Develop, Demonstrate, Document and Disseminate Natural Solutions ...

² Every Monday from 2-4 PM at www.TheMicroEffect.com, Live Chat during program: www.HealthFreedomPortal.org and archives at that site and www.Youtube.com/NaturalSolutions





premium for small gold bars, since it costs nearly the same to mint them as the larger units. Check eBay, you'll see that when the gold spot price is \$1200 US and a gram would be "worth" \$42, the going price is about \$60.

This difference fuels the market and allows for the production of consumeroriented "micro gold" products ideal for holidays, graduations, marriages and the like. A gift that shows how much you value the recipient.

Be sure to take a few moments to watch our introductory KARATBARS video presentation here: www.NaturalSolutionsGold.com.

Buy Karatbars Here: www.GiveGold4Good.com

You can get even more in-depth answers to you questions 48 minute KARATBARS

podcast with our associate, Chad LeVrouw,

here:

https://www.youtube.com/watch?v=pVTj82xSOF8 &list=UUpgvlebAMVqdN8kvYxzLBfw

SPECIAL HOLIDAY INFORMATION
NATURAL SOLUTIONS FOUNDATION
GIVING GOLD with KARATBARS



Orders MUST Be Placed By December 10th for Holiday Delivery!

www.GiveGold4Good.com





KARATBARS

THE PERFECT COMPANY AND PERSONAL GIFT! Orders MUST Be Placed By December 10th for Holiday Delivery!

Imagine giving the perfect Holiday gift to everyone you care about... your Corporate gift list, your professional colleagues, your friends AND your family!

Imagine finding an elegant and gracious gift that shows each of them how much you value them with the gift that has eternal value, solid Gold itself. And imagine real gold, beautifully presented at a stunningly affordable price!

What a memorable – and different – way to express their value to you. Real Gold says it all to those whom you treasure.

•

Giving your children or relatives real gold helps build for their future. In the business context, of course, giving solid Gold has special meaning – it is gift that every colleague and associate would understand instantly and be proud to receive.

•

KARATBARS are assayed and certified to be 1 gram of pure gold beautifully presented so they are easy to keep in perfect condition.

.

Surprising, different and valuable, KARATBARS, in 1, 2.5 and 5 gram sizes are the perfect company and personal gift!





Natural Solutions Foundation Has a Great Offer:

Give Three Gifts at Once

[1] Give KARATBARS to the ones you care about

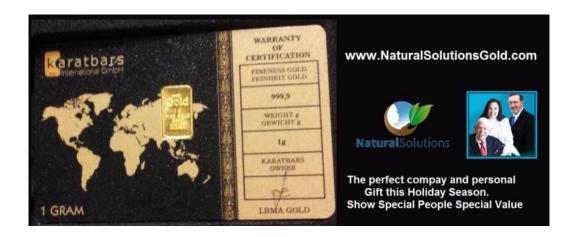
[2] Give yourself financial bonuses for giving KARATBARS

[3] Support Natural Solutions Foundation without spending a penny from your own pocket!

Natural Solutions Foundation invites you to get started using KARATBARS as your elegant gift to your favorite people and associates.

Order by December 10th for Delivery by December 25, 2014 http://www.karatbars.com/shop/?s=naturalsolution

Pure Gold KARATBARS Choose 1, 2.5, 5 Grams Embedded in an exclusive, elegant and durable KARATBARS Card

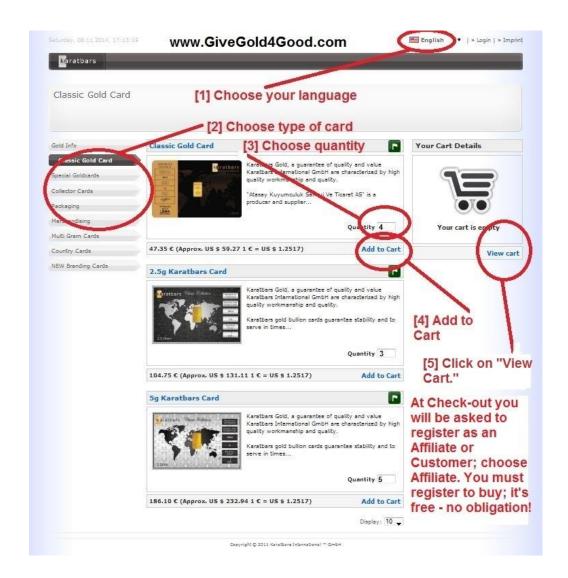


The KARATBARS Option Presented by





HOW TO ORDER: FIVE-STEP GRAPHIC



www.DrRimaTruthReports.com

www.TinyURL.com/GiveGold www.NaturalSolutionsGold.com

Listen to Dr Rima Truth Reports Mondays 2-4 PM Eastern www.TheMicroEffect.com



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